

Services We Offer Teenagers/Young Adults

- You can see a Doctor/Nurse without a Parent or Guardian from the age of 14 as long as you are competent. Your consultation will always be in confidence
- We offer advice on sexual health and contraception
- ***New* Service for Orchard, anyone aged 13 - 24 years old - C-Card Scheme**
 - We are now a collection point for free condoms and lubes if you are aged between 13 & 24 years old and have a C-card. Our staff are fully trained to give these out. We have lots in stock. You dont have to be a patient at Orchard to collect them just show your C-card to one of our receptionists.
 - If you would like to register for a C-card please click on the link below to find a registration point near you.
 - <http://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/c-card-scheme>
- We hold clinics for smoking advice
- We offer advice/referral if you need drug and alcohol advice
- We offer advice/referral if you are feeling low in mood, suicidal, or if you feel you are victim of abuse/neglect
- Our Patient Participation Group needs our younger population to have a voice to improve our services for teenage/young adults. We would love to hear from you. Please enquire at reception.

Contraception & Sexual Health (CaSH) Clinic Opening Times (formally Family Planning)

Clinic Details

To make an appointment please contact the central office: 01623 848 802 Mon-Fri 9am - 5pm

Where telephone numbers are given the clinics named below can also be contacted directly during the opening hours listed

Ashfield Health Village, Portland Street,
Kirkby in Ashfield, NG17 7AE
(01623 781 827)

Mon: 3.00pm - 5.00pm (Teenage - Nurse Led)

Fri: 9.00am - 11.00am

Bull Farm Primary Care Centre, Concorde Way,
Millennium Business Park,
Mansfield NG19 7JZ

(No specific CaSH telephone line, please use central booking line only)

Mon: 12.00 - 2.00pm

Mon: 3.00pm - 4.15pm (Teenage)

Mon: 5.00pm - 7.00pm

Fri: 9.00am - 11.30am

Mansfield Community Hospital, Stockwell Gate,
Mansfield NG18 5QJ

(No specific CaSH telephone line, please use central booking line only)

Tues: 9.00am - 12.00

Wed: 9.00am - 11.30pm

Wed: 3.00pm - 4.15 (Teenage)

Wed: 5.00pm - 7.00pm

Fri: 9.00am - 11.30am (Nurse Led)

Fri: 1.00pm - 2.00pm

Fri: 3.30pm - 5.00pm (Teenage - Nurse Led)

Mansfield Woodhouse, Health Centre, Church Street,
Mansfield Woodhouse, NG19 8BL
(01623 435 509)

Wed: 12.30pm - 2.15pm

Wed: 3.00pm - 3.50pm

Oak Tree Lane Health Centre, Jubilee Way South,
Mansfield, NG18 3SF
(01623 435 200)

Tues: 3.15pm - 4.15pm (Teenage - Nurse Led)

Tues: 5.00pm - 7.00pm

Warsop: The Primary Care Centre, Church Street,
Warsop, NG20 0BP
(01623 848 802)

Tues: 10.30am - 12.15pm

Tues: 3.30pm - 4.30pm (Teenage)

Tues: 4.40pm - 6.00pm